



# Real AMERICAN DELI SANDWICHES

Cooked fresh off the grill, all served in ciabatta bread or a tortilla wrap served with homemade coleslaw or our unique Bar Sport spicy manslaw, and with your choice of fries: stealth fries, sweet potato fries or twisters

**Our Famous Philly Steak Sandwich ..... 7.50**  
Philly steak cooked to your liking , with sautéed mushrooms, onions and peppers, topped with Monterey jack cheese and spicy Italian tomato sauce.

**BBQ Pulled Pork Sandwich ..... 6.95**  
Joint of pork slow roasted and then pulled off the joint mixed with BBQ sauce and served with crisp cos lettuce and Bar Sport coleslaw.

**Pastrami Beef Sandwich ..... 6.95**  
Hot peppered pastrami beef, Monterey jack cheese, lashings of Bar Sport spicy manslaw and thousand Island dressing.

**Chipotle 'Mammas' Meatball Sandwich ..... 7.45**  
Slow cooked meatballs in a rich chipotle sauce topped with caramelised onions and melted cheese.

**Shaved Chipotle Chicken ..... 6.95**  
Shaved chicken in a rich chipotle sauce topped with rashers of sweetcure bacon, crisp cos lettuce and onion.

**Mexican Vegetable Feast Sandwich ✓ .....6.45**  
Mixed panfried vegetables, with baby aubergine topped with Monterey jack cheese and Bar Sport coleslaw.



# Tex Mex

**Cheesy Nachos Platter ('nuff for 2!) ✓ ..... 12.95**  
A platter of crispy tortilla chips covered in melted cheese and topped with salsa, cool sour cream and spicy jalapeño peppers.  
Add chilli beef..... add 3.25

**Taquito's ..... 6.95**  
3 Mexican rolled up tortilla flautas cooked with your choice of filling

Choose from the following fillings:  
Adobo beef and black bean  
Spicy chicken  
Pulled pork and pico de gallo  
Chargrilled vegetables ✓

All served with tortilla chips & guacamole, salsa & sour cream or  
add a portion of Mexican rice & refried beans for only ..... 1.95

**Mexican Fajita Basket ('nuff for 2!) ..... 13.95**  
A giant flour tortilla basket filled with leaves and fresh salad, topped with a fajita selection of beef, chicken and vegetables all coated in our fajita seasoning.

**Chilli Beef Burrito ..... 6.95**  
Our famous chilli con carne wrapped in a flour tortilla, topped with a spiked lime enchilada sauce, and grated cheese served with Mexican rice.

**Mexican Platter ('nuff for 4!) ..... 19.95**  
Jalapeño cheese sticks, sweet corn chilli sticks, taquitos- adobo beef and black bean, spicy chicken, pulled pork and pico de gallo, spicy nachos and a tower of onion rings and dips.

# RIBS, WINGS & STEAKS

## SAUCES & RUBS



### SAUCES

**MILD:** BBQ Sauce, Teriyaki , Tennessee Glaze  
**MEDIUM:** Chipotle BBQ, Lemon Peri Peri, Del Sol Chipotle  
**HOT:** West Indian pepper sauce, Papaya Pepper, African Peri Peri, Barbados Creole  
**SUICIDE:** West Indian Extra Hot Pepper,

### DRY RUBS

The Bar Sport Butt Rub, Oaky Smoky, & Fajita Rub

## RIBS

### BBQ Baby Back Ribs

Our prime raw ribs, marinated and slowly cooked in our authentic American 'Butt Rub', served with, stealth fries and Bar Sport spicy manslaw.

**Full rack ..... 12.95**  
**Half rack ..... 7.95**

## WINGS

### Buffalo Wings

Individual Bowl(s) of single joint chicken wings tossed in the sauce of your liking. Choose from 5 to 100 wings and mix up your sauces.

**5 Wings ..... 5.45**  
**10 Wings ..... 9.95**  
**15 Wings ..... 13.95**  
**25 Wings ..... 19.95**  
**50 Wings ..... 37.95**  
**100 Wings ..... 59.95**



**TEAM DEAL**  
**50 WINGS + 2 BOOZE PITCHERS**  
(Applies to any draft beer or cider)  
**ONLY 65.45**



Choose your steak, chargrilled and cooked to your liking

**Prime Chargrilled 10oz Rump Steak..... 12.95**  
Prime 10oz rump steak, chargrilled to your liking served with a portobello mushroom, grilled beef tomato, onion rings, fries or twisters.

**Buffalo Wings & 10oz Chargrilled Rump Steak ..... 15.95**  
Prime 10oz rump steak, topped with 3 single joint chicken wings tossed in our special glaze, served with a portobello mushroom, grilled beef tomato, onion rings and fries or twisters.

**Prime Surf & Turf ..... 17.95**  
Prime 10oz rump steak, topped with king prawns marinated in creamy garlic herb butter, served with a portobello mushroom, grilled beef tomato onion rings, fries or twisters.

**Steak & Ribs ..... 19.95**  
Prime 10oz rump seak, served with half a rack of ribs in our special glaze, a portobello mushroom, grilled beef tomato, onion rings and fries or twisters.

**12oz Gammon Steak ..... 13.95**  
Served with pineapple, two free range eggs, grilled beef tomato, with a portobello mushroom. With your choice of stealth fries, sweet potato fries or twister fries.

# OUR SPECIALITY



# HOMEMADE BURGERS

100% CHARGRILLED BRITISH BEEF

- \*The Bar Sport 8oz Chargrilled plain Burger.....6.45  
With beef tomato, fresh lettuce, gherkin, and your choice of fries.
- \*BBQ Burger & Cheese ..... 6.95  
Smoky BBQ sauce, fresh tomato and melted cheese.
- \*Bacon & Cheese..... 7.55  
Chargrilled thick cut bacon and cheese.
- \*Bacon, Mushroom & Chilli Stack..... 7.95  
Chargrilled thick cut bacon, grilled mushroom, fresh tomato, with a spicy chilli sauce and topped with melted cheese.
- \*Tex-mex Burger ..... 7.25  
Sliced spicy jalapeño peppers and cajun mayonnaise.

**Pulled Pork Burger ..... 8.90**  
Our famous 8oz pattie topped with pulled pork in BBQ sauce with cos lettuce, tomato and dill pickle.

**Chorizo burger ..... 8.45**  
8oz pattie with spicy chorizo sausage , jalapeño peppers, cos lettuce, tomato, dill pickle and cheese.

**Chicken Breast, Bacon & BBQ..... 7.45**  
Chargrilled thick cut bacon, smoky BBQ sauce and melted cheese.

**Lemon & Herb Peri-Peri Chicken Burger ..... 7.25**  
Chicken breast basted in a lemon and herb peri-peri sauce, topped with cool cucumber, spring onions, cos lettuce and beef tomato, all in a toasted burger bun.

**The Aussie Burger..... 8.45**  
Chargrilled 8oz pattie, with beetroot, egg, pineapple, cheese, cos lettuce, tomato, dill pickle, mayo and relish.

**Spicy Bean Burger ✓ ..... 6.95**  
Vegetarian spicy bean burger in a light crumb & chargrilled. Topped with salsa, cos lettuce and fresh tomato.

**The Ultimate Burger Stack ..... 10.95**  
8oz beef burger & chicken fillet with bacon, topped with cos lettuce, beef tomato, melted cheese all in a toasted burger bun with onion rings, served with your choice of fries and Bar Sport coleslaw.

# BUILD YOUR GIANT BURGER STACK!

Choose from the following: 8oz pattie, chicken breast, grilled thick bacon, fried egg, sautéed onions, jalapeño peppers, chilli, gherkins, salsa & sauces, or try our new Bar Sport 'Butt Rub'!

# THE TEAM TALK! TEAM PLATTERS



'nuff for 4 to share!  
**Giant Nachos Platter..... 18.45**  
Giant nachos topped with BBQ pulled pork, chipotle pulled chicken and BBQ pulled beef, coated in Mexican salsa , sour cream and grated cheese.

**The Ultimate Pig Out..... 25.95**  
BBQ pulled pork, full rack of ribs, pork hammers, buffalo chicken wings, jalapeño cheese sticks, sweet corn chilli sticks and Bar Sport spicy manslaw.

**Premier League Platter ..... 25.95**  
Chicken fillet crunchies, half a rack of BBQ ribs, sweetcorn bites, jalapeño bites, mozzarella sticks and a tower of onion rings and dips.

**Red Hot Platter..... 18.45**  
Spicy wings of fire, half a rack of BBQ ribs, red and green jalapeño cheese peppers, cajun spiced stealth fries and tortilla chips with spicy dips!

# MAN vs FOOD!

Please note these monstrous creations take some extra care and attention to prepare, so there may be a little wait. We reserve the right to withdraw these challenges during busy periods.

**26OZ RUMP STEAK..... 29.95**  
Served with 4 free range eggs , onion rings, grilled mushrooms, grilled tomato and a pint of stealth fries, all to be eaten within 20 mins!

**12 HABANERO CHICKEN WINGS ..... 11.95**  
With blue cheese dip. To be eaten within 5 minutes, plus a 10 minute no drink burn period!

**THE RIBS CHALLENGE ..... 29.95**  
**OUR FAMOUS SLOW OVEN COOKED RIBS**

Can you eat 3 racks in a butt rub served with stealth fries & our own Bar Sport spicy manslaw in 15 minutes!

## THEN TRY THIS...

**THE HEAVYWEIGHT CHAMPION BURGER..... 21.95**  
Four 8oz patties layered with sweet cure bacon and Monterey jack cheese topped with cos lettuce, tomato, dill pickle and onion rings, burger relish, served with a pint of fries. To be eaten within 20 mins!

\*If you wish to make an official Man Vs Food challenge please notify your server. All challenges completed within the time allowed will earn you a 25% discount.



# DESSERTS

Ask to see our delicious Dessert Board!